



**CY-FAIR LACROSSE ASSOCIATION
IRONMEN CLUB**

**Registration Checklist
2009-2010**

Player Name: _____

Please use this handy checklist to be sure you and / or your parents have signed everything needed to complete the registration process.

Form #	Form Name	Filled out?
A	Code of Conduct / Anti-Hazing Code / Traveling & Event Rules	
B	Amateur Athletic Minor Waiver & Release of Liability	
C	Automobile Insurance Statement	
D	Picture / Video Release Form	
E	Medical Insurance and Release Statement	
F	Registration Form	
G	Dues Statement	
H	Uniform Order Form	
	Jersey # (If returning Player)	



IRONMEN TEAM **CODE OF CONDUCT**

I wish to participate in Cypress-Fairbanks Lacrosse Association “Ironmen Team” (CFLA-IT) activities as a player, as a coach, or as a player’s parent or guardian, and I have read, understood, and I agree to be bound by the Code of Conduct (“Code”) as written below.

Principles to be observed by all participants:

1. “Honor the Game”
2. Show good sportsmanship to all players, coaches, officials, and spectators.
3. Support a drug and tobacco-free environment.
4. NOT use profanity at any event.
5. NOT criticize players, coaches, officials, or spectators.
6. NOT touch any player, coach, official, or spectator in a threatening manner, on or off the field.

All participants must remember and bear in mind that the emphasis on winning should never be placed above the value of good sportsmanship, the concepts of fair play, or the skills of the game.

Also, as a coach I will strive to:

1. Be aware of the influence I have on all players and spectators.
2. Be a positive role model to all players and spectators.
3. Teach my players to play within the rules of the game.

Also, as a parent/guardian I agree to:

1. Be a positive role model to all players and spectators.
2. Endeavor to learn the rules of Lacrosse to become a better fan.
3. NOT harass, badger, or belittle the coach, on or off the field. I will let the coach “coach” and the players “play.”
4. I understand and agree that the Coach(s) shall make decisions regarding team organization, and I agree to abide by any such decision of the Coach(s).

Also, as a player I agree to:

1. Do my best to learn the rules of Lacrosse to become a better player.
2. Abide by all rules
3. Always behave in a manner that will bring respect to the Team.

The Code must be signed by any player and parent, or coach who wishes to participate in any CFLA-IT event. A player’s form must also be signed by a parent or guardian. **A persons signature indicates that that person has read, understood, and agreed to the Code of Conduct and realizes that the consequences of violating the Code can include various levels of discipline, from verbal reprimand to immediate ejection from an event- this includes parents and other spectators.** Severe infractions could result in temporary suspension or permanent expulsion from the CFLA-IT in the sole discretion of the Ironmen Team Board of Directors (“Directors”). The directors will be notified of any infraction. Further action may be prescribed by the Board after a thorough investigation of the specific circumstances of the infraction. I



further agree that I shall be bound by this Code until such time as I am no longer associated with the CFLA-IT as a player, coach, or player's parent / guardian. It is understood that if (i) I notify the CFLA-IT that I do not wish to be bound by the Code of Conduct as I agreed (which will cause the immediate termination of my membership) ; or (ii) if my membership is terminated by the board, any monies paid by me in respect to my membership will be refunded according to the organization's refund policy.

I HAVE READ AND AGREE TO BE BOUND BY THE CODE AND UNDERSTAND THE CONSEQUENCES OF VIOLATING IT AS DESCRIBED ABOVE:

Player's Name (Print): _____

Player's Signature: _____

Parent's Name (Print): _____

Parent's Signature: _____

Date: _____



ANTI-HAZING CODE

NO IRONMAN SHALL COMMIT HAZING IN ANY FORM. HAZING IS AGAINST THE CODE OF CONDUCT AND AGAINST THE LAW.

“Hazing” is defined as: any intentional, knowing, or reckless act, occurring on or off the field, by one player alone or acting with others, directed against another player for the purpose of being initiated into or maintaining membership in the Ironmen organization.

“Hazing” includes, but is not limited to:

Any type of physical activity that subjects the player to a risk of harm or that could be expected to adversely affect the mental or physical health or safety of the player, or any activity that intimidates or threatens the player with ostracism, that subjects the player to extreme mental stress, shame, or humiliation, that adversely affects the mental health or dignity of the player or discourages the player from entering or remaining in the Ironmen organization, or that could be expected to cause a player to leave the Ironmen rather than submit to acts described herein”

HAZING OFFENSE. A player commits a “Hazing Offense” if the player or group of players:

- (1) engages in Hazing;
- (2) solicits, encourages, directs, aids, or attempts to aid another in engaging in Hazing;
- (3) recklessly permits Hazing to occur’;
- (4) has firsthand knowledge of the planning of a specific Hazing incident involving a player, or has firsthand knowledge that a specific Hazing incident has occurred, and knowingly fails to such report such knowledge to a Coach, Parent, or any Board Member.
- (5) The consent or acquiesce of the player(s) who is subject to Hazing is irrelevant to the determination of whether a Hazing Offense has occurred.

Any individual associated with the Ironmen (player, parent, Board member, Coach) who becomes aware of a possible or impending Hazing Offense should immediately make this known to a Board member. Board member(s) will address the team and instruct them that the possible Hazing Occurrence will not take place.

Any player found by the majority of the Board members to have committed a Hazing Offense will be subject to disciplinary action up to and including permanent expulsion from the team as determined in the sole discretion of the majority of the Board members.

I HAVE READ AND AGREE TO BE BOUND BY THE HAZING CODE AND UNDERSTAND THE CONSEQUENCES OF VIOLATING IT AS DESCRIBED ABOVE:

Player’s Name (Print): _____

Player’s Signature: _____



Traveling and Event Rules

These rules for traveling during out of Houston events have been developed so that parent and players will have a full understanding of what is expected of players, especially when the team goes on overnight trips. (Note: “Parent” means parent(s) or guardian(s), as the case may be).

Note to Parents: While these rules attempt to cover every eventuality, it is impossible to think of everything that might occur to a teenage boy. So please discuss these rules with your son, and impress upon him that it is important for the team that everyone's behavior is exemplary. Without good behavior, the team's status could be in jeopardy. It would be very unfortunate if the actions of one or two young men kept the team from practicing on School property or traveling to future events. These rules are not meant to be stifling. They are meant to ensure as much as possible that everyone has a good time under safe circumstances; the boys' safety is our prime concern.

The Cy-Fair Lacrosse Association is not a “zero tolerance” organization. Every attempt will be made to mete out disciplinary action appropriate to the infraction. Infractions will be reviewed on a common sense, case by case basis as soon as practical by the Board.

The teams' Core Values can be stated as “*Common Sense, Team Before Self, and Excellence in All We Do.*” Players are assumed to be responsible individuals who strive to uphold the Core Values, and who are aware of when they are in a compromising situation.

Player's Agreement to Traveling Code of Conduct

By signing below, you agree to abide by the Traveling Code of Conduct, as set out below, which Code applies during, and in connection with, any “Lacrosse Event.” “Lacrosse Event” means any practice, game, fundraiser, team party, or any other team-sponsored activity, and travel to or from such event.

- 1) Any player caught in the act of consuming, or found to be under the influence of, or in the possession of alcohol at any lacrosse event will be subject to temporary suspension from the team. The length of time may be up to but will not exceed the next six “school in session” months. There will be no refund of dues. Players so suspended shall not attend lacrosse events during their suspension. Parents may be asked to come and get the player who committed the violation.
- 2) Any player caught in the act of consuming, or found to be under the influence of, or in the possession of any un-authorized or illegal drug will be subject to disciplinary action up to and including permanent suspension from the team. There will be no refund of dues. Players so suspended shall not attend lacrosse events during their suspension. Parents may be asked to come and get the player who committed the violation.
- 3) Each player agrees that in connection with any lacrosse event his clothing and other possessions (and room if any) may be searched for un-authorized or illegal drugs or alcohol at any time by a Coach or member of the Board. If a search is conducted, the player and at least two adults (one of which may be the parent if a parent is available) will be in attendance during the search.
- 4) Smoking, using, or possessing tobacco in any form by players is prohibited during any lacrosse event. Players shall not keep cigarettes, cigars, or other tobacco products in their hotel rooms or automobiles. (Patterned after CFISD Code of Conduct Page, CC-11).
- 5) The player or player's parent shall always report any school suspension to the Board as soon as possible. Because of Cy-Fair School District requirements, a player who is for any reason under

FORM A



in-school or out-of-school suspension at their respective high school shall be suspended from the Lacrosse team concurrently with their school suspension. If this information is not volunteered to the Board, the player will be suspended from the team for an equal amount of time as the school suspension once the suspension becomes known. We must remember that we are accountable to not only the Cy-Fair Lacrosse Association, but also to the Cypress Fairbanks Independent School District. Any violations of this rule could jeopardize our ability to use school facilities. Participation in lacrosse events is a privilege, not a right.

- 6) Players will be in their assigned rooms at 10:00 pm. Exceptions will be granted by an adult in charge on a case by case basis (e.g., poker games, checked out with a parent, etc.). Lights out will be at 12:00. No player shall use any pay-for-view or gaming video offered by the hotel. A violation can result in the loss of playing privileges during the tournament, extra chores at practice, suspension from tournament travel, etc., depending upon the severity as determined by the Board. Players must remember and respect the fact there are other people staying in the hotel. Running in halls, loud noise, destruction of property, and any other behavior deemed unacceptable by the hotel staff will be subject to disciplinary action.
- 7) Once a player has arrived at the hotel, no player shall, under any circumstances, go outside of the hotel building for any reason unless in the company of an adult who is on the premises and who is known to the player and team. Any player leaving the hotel with an adult must notify a Board Member or his parent (if a parent is in attendance) before leaving. A violation can result in the loss of playing privileges during the tournament, extra chores at practice, suspension from tournament travel, etc., depending upon the severity as determined by the Board.
- 8) Parent(s) who are not staying at the same location as their son, or parent(s) who are staying at the same hotel who leave the premises without his or her son, are asked to provide contact information to a Board Member. If the Board is unable to contact a parent, any violation committed by the parent's son will be dealt with in a manner that seems appropriate at the time.
- 9) Players cannot drive to, from, or during a tournament event outside the Houston area, except in the company of his parent.
- 10) A player who has been told he committed a violation is responsible for notifying his parents upon his return to home or immediately if his parent(s) are at the event. A Board member will also promptly contact the parent of any player who commits a violation and will advise the parent of the violation and the consequences. If the parent is in attendance at the event, the parent will be notified as soon as possible.
- 11) Parents can appeal the decision of the Board, but must do so in writing within 48 hours of being notified of the consequences of the violation, or within 48 hours of player arriving home, whichever is later. The appeal should contain details not known to the Board when the discipline was meted out.
- 12) Disciplinary action will be decided by the Board members in attendance at the event in as expeditious a manner as possible. If the son of a Board Member is involved in an incident that calls for a disciplinary decision from the Board, then that Board Member shall excuse him/herself from the disciplinary decision process.



I, the undersigned coach, player, and parent(s), by my (our) signature(s) below, affirm that I (we) fully understand the above rules and the implications of committing any infractions. I (we) agree to abide by the above rules at all times. I (we) understand that these rules shall apply for as long as I am (we are) associated with the team, or until they are amended by the CFLA-Ironmen, at which time they must be re-signed.

Player's Name (print): _____

Player's Signature: _____

Date: _____

Parent Name (print): _____

Signed: _____

Date: _____



CY-FAIR LACROSSE ASSOCIATION AMATEUR ATHLETIC MINOR WAIVER & RELEASE OF LIABILITY

The undersigned parent, guardian, or managing conservator of the minor child named above (hereinafter "Participant"), realizing that the Cy-Fair Lacrosse Association (hereinafter "CFLA") is a non-profit association and that the CFLA and its teams are organized, managed and supervised by volunteers, hereby consents, agrees and binds himself/herself, his/her spouse, Participant, and their respective heirs and assigns to the following:

1. I understand and agree that Participant will be engaging in activities involving risk of serious injury including potential for permanent paralysis or death. While particular rules, equipment and personal discipline may reduce the risk, the risk of serious injury does exist; and
2. I/we knowingly and freely assume all foregoing risks, both known and unknown, even if arising from the negligence, action, or inaction of the CY-FAIR LACROSSE ASSOCIATION, their officers, officials, agents, coaches, and if applicable, owners and lessors of premises ("Sponsors") or others, and we assume full responsibility for Participant's event/activity participation; and
3. I/we will inspect facilities and equipment to be used and will comply with stated terms and conditions for participation. If any unusual significant hazard is observed in the Participant's presence or participation, Participant should remove himself/herself from participation and bring such hazard to the attention of the nearest official or coach immediately; and,
4. **I/we, individually, for our spouse, and for Participant, hereby**
 - a. waive, release, and discharge the owners of all premises and/or facilities, CFLA, and their respective coaches, referees, officials, sponsors, principals, officers, directors, shareholders, employees, agents, and/or representatives (collectively, the Released Parties) from and against any and all claims, causes of action, controversies, demands, damages, losses, personal injuries, property damage, and all other liabilities—including without limitation the sole, concurrent, contributory, joint, active, and/or passive NEGLIGENCE of the Released Parties—(collectively, the Causes of Action), whether past, present, future, known, unknown, asserted, and/or unasserted, relating to and/or arising out of Participant's membership in CFLA and/or Participant's activities in CFLA; and,
 - b. agree to pay, indemnify, defend, and hold harmless the Released Parties from and against any and all Causes of Action, whether past, present, future, known, unknown, asserted, and/or unasserted, relating to and/or arising out of Participant's membership in CFLA and/or Participant's activities in CFLA.
5. I/we agree that due to the varying times and points of departure for scheduled events, adult volunteers cannot/will not monitor whether Participant (a) has permission to drive his/her own vehicle to ANY game or event, or b) has permission to ride with another Participant or Participant's parent at any time. I/we also agree that I/we and Participant assume responsibility to secure Participant's legal guardian's permission to drive his/her car to any game/event or to ride with another team member to any game/event.



6. I understand that my payment of dues to the CFLA grants me membership in the CFLA, and as such, I agree that I am bound to and will abide by all CFLA bylaws, rules, regulations, and any other governing documents thereof.

7. This Waiver and Release of Liability shall remain in force for so long as Participant remains a member of US Lacrosse, unless I/we revoke this Waiver and Release of Liability in writing.

I/we have read and have understood the above document. I/we understand that I/we have given up substantial rights by signing this document, and that I have signed it voluntarily and by my own volition and without coercion.

Participant's Name _____

Parent/Legal Guardian (print) _____

Parent/Legal Guardian (signature) _____

Relationship _____ Date _____



AUTOMOBILE INSURANCE STATEMENT

**For the
Cy-Fair Lacrosse Association**

I, the undersigned, hereby affirm, swear, and confirm that:

- 1) I understand and agree that I will not transport any non-family member of the Ironmen Lacrosse Team or the Cy-Fair Lacrosse Association (CFLA) without having in my possession, a) a valid driver's license, b) automobile liability insurance coverage that meets the minimum requirements of the State of Texas, and c) proof of such insurance.
- 2) Neither the Ironmen Lacrosse Team nor the CFLA provides any automobile insurance coverage of any type whatsoever. Automobile insurance is my sole responsibility.
- 3) I hereby agree to pay, indemnify, defend, and hold harmless the CFLA and its officers, directors, referees, umpires, coaches, employees, agents, and/or representatives (collectively, the Indemnified Parties) from and against any and all claims, causes of action, controversies, demands, damages, losses, personal injuries, property damage, and all other liabilities—including without limitation the sole, concurrent, contributory, joint, active and/or passive negligence of the Indemnified Parties—relating to and/or arising out of any and all incidents involving (i) any motorized vehicle and (ii) me, each and every son or daughter of mine, or any relative of mine.
- 4) I agree that this document shall cover any driver within my purview who might transport lacrosse team members on my behalf.
- 5) I agree that this document shall continue in force and effect for so long as my son is a member of the CFLA.

Signed and Dated

Printed Name



CY-FAIR LACROSSE ASSOCIATION PICTURE / VIDEO RELEASE FORM

Throughout the year, board members, parents, and friends may take pictures and/or video of our lacrosse teams. Parents and friends may submit their pictures for posting to the webmaster via e-mail at webmaster@cyfairironmen.org. This release form must be on file before your pictures / video may be posted.

Accordingly, I hereby release Cy-Fair Lacrosse Association (CFLA) of liability with regard to the posting of pictures of my family or me on the CFLA website located at www.cyfairironmen.org, or any subsequent or affiliated website.

Furthermore, I give my consent and permission for CFLA to use any and all photographs, video, or images of me, Participant, or my family members including without limitation placing photographs or images on the above website of my family or my son. I understand that once photos / video have been posted, it is possible they will remain on the website after my son has left the team. If I wish a photo containing my recognizable image (or a recognizable image of any family member) removed from the website, this will be done as soon as possible after e-mail notification to the webmaster.

This release shall remain valid and in force for so long as your son is a member of the Cy-Fair Lacrosse Association. I understand that I may revoke this picture release at any time with written notice to CFLA.

Parent Name _____
(Please Print)

Signature _____
(Parent Signature)

Date _____



CY-FAIR LACROSSE ASSOCIATION MEDICAL INSURANCE STATEMENT & CONSENT TO PROVIDE MEDICAL CARE

Please print

Name of Participant _____
(Minor Child)

Name of Parent _____
(Parent, guardian, or Managing Conservator)

Home Address/Zip _____

Tel. #s: _____
Home
Mother (work)
Father (work)

Tel. #s: _____
Mother(cell)
Father(cell)
Friend/OtherFamily

InsuranceCarrier _____ **Tele#** _____

Employer _____ **Group** _____

Insured _____ **ID#** _____

INSURANCE REQUIREMENTS: Before participating in any Cy-Fair Lacrosse Association (CFLA) event, practice, or any other CFLA-sponsored activity, the Player must be a fully-paid member of the US Lacrosse Association (USLAX). With his paid USLAX membership, a player automatically receives secondary medical insurance coverage that will pay most lacrosse – caused medical expenses that are not covered by the player’s primary insurance carrier. If the player does not have primary coverage, the USLAX insurance coverage will pay medical bills associated with a lacrosse event injury after a deductible is satisfied. (This is a brief description. There are limits to this coverage. See http://www.bollingerlax.com/BollingerLax/asp/accident_insurance.asp and http://www.bollingerlax.com/BollingerLax/asp/catastrophic_insurance.asp for a complete accurate description of coverages.) Primary coverage is recommended by CFLA but is not required. I understand and accept the limits of coverage provided by USLAX.

Upon payment of CFLA dues, USLAX membership dues will be paid or renewed by CFLA on behalf of each player. (New players will be enrolled as soon as possible!)

CONSENT TO PROVIDE MEDICAL CARE: In the event I/we cannot be reached during a medical emergency, I give my consent for medical treatment by a healthcare professional to preserve the life and well being of Participant named above. This consent to provide medical care shall remain in force for so long as Participant remains a member of US Lacrosse, unless I/we revoke this Consent in writing. If my primary insurance coverage shall change, I will provide the information to the CFLA as soon as possible.

I understand and agree to these terms and conditions.

Print Parent, Guardian or Managing Conservator’s Name

Parent, Guardian or Managing

Date Signed: _____
Conservator’s
Signature



CY-FAIR IRONMEN LACROSSE REGISTRATION

PLEASE PRINT CLEARLY

Player's Name _____
Last First MI

High School _____ Grade _____

Projected Graduation Year _____

Date of Birth: _____

Parent or Guardian Names: (please indicate custodial parent if applicable)

Last First

Last First

Player's Address _____
Street City Zip

Home Phone # _____ Player's Cell # _____

Mother's Cell # _____ Mother's Work # _____

Father's Cell # _____ Father's Work # _____

Primary E-Mail _____
We will attempt to send e-mails to all addresses listed.

Father's E-Mail _____

Mother's E-Mail _____

Player's E-Mail _____
Player will receive e-mail relevant to players only.

US Lacrosse # _____ Expires _____

NOTE: You can access your US Lacrosse membership # at www.uslacrosse.org Please note that the Ironmen team will renew your membership as it comes due. The cost of membership is part of your Ironmen registration dues. However, if you renew on your own, there will be no refund given. You may begin receiving notices by email several months prior to your renewal date. The team secretary will notify you when your membership has been renewed which will be done the month membership renewal is due.



DUES STATEMENT

Membership Dues for the 2009-2010 season are \$600.00. Membership Dues must be paid according to the Payment Options below unless special arrangements are agreed. US Lacrosse membership dues will be paid by the CFLA on behalf of each player. A maximum of \$200 may be satisfied with non-cash gifts, such as the donation of services by third parties, on a Board-approved case by case basis. We appreciate, encourage, and expect everyone's participation, however, a parents' / guardians' donated "time" cannot be used to offset dues requirements. **To participate in regular season games, practices, and lacrosse events, player dues must be fully paid by February 1, 2010.**

Note: The "Practice Uniform Packet" **is included** in the annual dues. "Game Uniform" expenses are **not included** in these amounts. Please see CFLA Form G for uniform ordering. Please pay for Game Uniforms separately from dues.

PAYMENT OPTIONS

- Payment in FULL of \$600
- Payment Plan
 - o \$200 at time of registration
 - o \$200 due November 1, 2009
 - o \$200 due February 1, 2010

Note: Players may satisfy any part of their financial responsibility by participation in fundraisers or by soliciting sponsorships. Qualifying sponsorships funds must be accompanied by a completed sponsorship form.

Alternate payment arrangements are possible. If you require alternate payment arrangements, please speak privately with an Ironmen Board president.

REFUND POLICY

<u>Date</u>	<u>Refund</u>
Player resigns on or before September 30:	All but \$75
Player resigns on or before November 1:	All but \$150
Player Resigns on or before February 1:	\$100 Refund (Assumes paid in full)

No refunds for players who resign after February 1.

Sorry, there can be no "refunds" for moneys earned by families at fundraisers, or for uniforms.

A player who is injured and is "out for the season" shall be considered to have resigned on the date of the injury.

AGREEMENT

I understand the dues structure of the CFLA Ironmen Lacrosse club and agree to the costs, terms, and conditions.

SIGNATURE: _____

**CY-FAIR LACROSSE ASSOCIATION
IRONMEN UNIFORM ORDER FORM**

CHECK# _____
Date: _____
TOTAL: _____

Player Name: _____

Phone #: _____ **E-Mail:** _____

PRACTICE PACK

CIRCLE DESIRED SIZES (One of each item is included in registration dues. If desired, additional pieces may be ordered below.)

- REVERSIBLE TANK JERSEY: S M L XL 2X
- T-SHIRT: S M L XL 2X
- SHORTS: S M L XL 2X
- HOODIE: S M L XL 2X
- SWEATPANTS: S M L XL 2X

Additional items:

- Tank Jersey @ \$18 ea x _____ = _____
- T-shirt @ \$8 ea x _____ = _____
- Shorts @ \$20 ea x _____ = _____
- Hoodie @ \$20 ea x _____ = _____
- Sweatpants @ \$18 ea x _____ = _____

GAME UNIFORM

CIRCLE DESIRED SIZES (COST: \$135 as a set, payable at time of order)

*Freshmen & Sophomores, please allow for some growth.

GAME JERSEYS*: S M L XL 2X

(*one red, one white)

Order individually @ \$45 ea x _____ = _____ RED WHITE

GAME SHORTS*: S M L XL 2X

(*one red, one white)

Order individually @ \$25 ea x _____ = _____ RED WHITE

****PREFERRED JERSEY #(s):** _____

**While we cannot guarantee you a certain number; please note above if you have a number preference for your jersey, we will accommodate you if we can.

WHITE COMPRESSION SHORTS ARE REQUIRED. May be purchased on own or ordered with uniform. Adams compression short, including cup pocket and cup, can be ordered. **COST: \$22.**

Compression short @ \$22 ea x _____ = _____ S M L XL 2X

(usually order one size smaller than team shorts, should fit snugly)

Sample uniforms will be available at registration for sizing purposes. If you are not at registration, please contact Denise Mann as soon as possible at denisemann@sbcglobal.net to order your uniform. Game jerseys and shorts are not covered by dues. **Please make checks payable to Cy-Fair Ironmen**